



## SEPTEMBER 2024: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day 2	3	4	First Day of Classes 5	6
<p style="text-align: center;"><b>Banana Breakfast Bread (V)</b></p> <p style="text-align: center;"><b>Cheddar Cheese Stick (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Cinnamon Burst Pancakes (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Egg and Cheese on a Buttermilk Biscuit (V)</b></p> <p style="text-align: center;">Home Fries (VE)</p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>French Toast Sticks (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p style="text-align: center;"><b>Peanut Butter (VE)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>
9	10	11	12	13
<p style="text-align: center;"><b>Blueberry Breakfast Bread (V)</b></p> <p style="text-align: center;"><b>Colby Cheese Stick (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Buttermilk Pancakes (V)</b></p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Egg Omelet on a Fresh NY Bagel (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Sweet Potato Oatmeal Muffin (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p style="text-align: center;"><b>Peanut Butter (VE)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>
16	17	18	19	20
<p style="text-align: center;"><b>Honey Corn Breakfast Bread (V)</b></p> <p style="text-align: center;"><b>Mozzarella Cheese Stick (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Rise and Shine Waffles (V)</b> Blueberry Topping</p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Egg and Cheese on a Whole Grain Croissant (V)</b></p> <p style="text-align: center;">Hash Browns (VE)</p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Zucchini Carrot Breakfast Bread (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p style="text-align: center;"><b>Peanut Butter (VE)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>
23	24	25	26	27
<p style="text-align: center;"><b>Banana Breakfast Bread (V)</b></p> <p style="text-align: center;"><b>Cheddar Cheese Stick (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Cinnamon Burst Pancakes (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Egg and Cheese on a Buttermilk Biscuit (V)</b></p> <p style="text-align: center;">Home Fries (VE)</p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>French Toast Sticks (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;"><b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) &amp; Jelly (VE)</p> <p style="text-align: center;"><b>Peanut Butter (VE)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>
30				
<p style="text-align: center;"><b>Blueberry Breakfast Bread (V)</b></p> <p style="text-align: center;"><b>Colby Cheese Stick (V)</b></p> <p style="text-align: center;">Seasonal Fresh Fruit (VE)</p>			<p style="text-align: center;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p style="text-align: center;">Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</p>

**Milk**

1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

**OFFERED DAILY**

Options may vary by location

**Cold Cereal Choices**

Shredded Wheat  
Multi-Grain Oats (VE)  
Toasted Oats (VE)  
Oat Circles (VE)  
Cinnamon Flakes (VE)

**Seasonal Fresh Fruit**

Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, Bananas, and Strawberries (VE)

**Condiments**

Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

**ATTENTION:**

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.